

# **SCHROEDER TENNIS CENTER SESSION 3**

**JUNIOR PROGRAM Monday, January 9, 2023 - Sunday, March 19, 2023**

**(937) 669-5552 www.schroedertennis.com**

## **Quick Start Beginner Clinics**

Listed below are introductory classes for juniors. Children taking these clinics have limited tennis experience, but they will learn basic tennis fundamentals in a fun, active environment. Any new player interested in these classes may attend one time free of charge to see if they are interested in continuing. **No membership is required for these beginner junior clinics.**

### **QuickStart for Pee Wees, Ages 4-5**

These young players are encouraged to play and progress at their own speed. Parents are encouraged to come out on the court and lend a helping hand.

Tuesday 5:30 - 6:15 p.m. 10 weeks - \$120

### **QuickStart for Tennis Tigers, Ages 6-7**

Our pros will work with these youngsters to develop basic tennis skills and improve hand/eye coordination. Class uses red ball and 36' court.

Monday 5:00 - 6:00 p.m. 10 weeks - \$149  
Tuesday 4:30 - 5:30 p.m. 10 weeks - \$149  
Saturday 10:30 - 11:30 a.m. 10 weeks - \$149

### **QuickStart for Future Champs, Ages 8-10**

This class introduces all basic tennis skills to young players. Forehand, backhand, serve and volley, as well as court movement. Class uses orange ball and 60' court.

Monday 6:00 - 7:00 p.m. 10 weeks - \$159  
Tuesday 6:30 - 7:30 p.m. 10 weeks - \$159  
Friday 4:30 - 5:30 p.m. 10 weeks - \$159  
Saturday 12:30 - 1:30 p.m. 10 weeks - \$159

### **Junior Rec Group, Ages 11-15**

This beginner class is for older youth just discovering how fun tennis can be. They will learn all the basic tennis skills to get them going.

Monday 4:00 - 5:00 p.m. 10 weeks - \$179  
Saturday 1:00 - 2:00 p.m. 10 weeks - \$179

### **Junior Match Play (membership required)**

Match play for juniors is a critical component in the development of their skills. These weekly singles and doubles match play opportunities are the perfect addition to developing both the mental and physical aspects of the game.

Sunday (Level 1) 3:00 - 4:00 p.m. 10 weeks - \$159  
Sunday (Level 2) 4:00 - 5:30 p.m. 10 weeks - \$239  
Sunday (Level 3) 5:30 - 7:00 p.m. 10 weeks - \$249  
Sunday (Level 4) 7:00 - 8:30 p.m. 10 weeks - \$249

## **Experienced Junior Clinics**

These juniors have mastered their basic skills and are ready for more advanced instructions. Parents should feel free to discuss their junior's tennis development with our pros, who will advise them on class progression.

**(Junior Membership required = \$99/year)**

### **Gold Star Select Program**

This class is for younger advancing players who are serious about improving their game and getting into match play. Class uses orange ball and 60' court.

Wednesday 6:00 - 7:00 p.m. 10 weeks - \$185  
Friday 5:30 - 7:00 p.m. 10 weeks - \$275

### **Junior Intermediate Group**

This class is for players who have graduated from Gold Star and are ready for green dot balls and full court.

Monday 4:30 - 6:00 p.m. 10 weeks - \$275  
Saturday 11:30 - 1:00 p.m. 10 weeks - \$275

### **Junior Advanced Group**

These players have outgrown the beginner clinics and are ready to begin learning strategies for match play and advancing their basic skills.

Wednesday 4:30 - 6:00 p.m. 10 weeks - \$285  
Friday 5:30 - 7:00 p.m. 10 weeks - \$285  
Saturday 9:30 - 11:00 a.m. 10 weeks - \$285

### **Special Advanced Group**

Basic Skills are fine tuned. More advanced strokes and techniques are taught in this class with an emphasis on mental toughness.

Wednesday 4:30 - 6:00 p.m. 10 weeks - \$295  
Thursday 4:30 - 6:00 p.m. 10 weeks - \$295  
Friday 4:30 - 6:00 p.m. 10 weeks - \$295  
Saturday 11:00-12:30 p.m. 10 weeks - \$295

### **Elite Players \*\*2 hours now\*\***

Elite groups consist of top juniors who compete in USTA tournaments and are committed to a high standard of training. The emotional, physical and mental aspects of the game are stressed.

Tuesday 4:00 - 6:00 p.m. 10 weeks - \$375  
Thursday 4:00 - 6:00 p.m. 10 weeks - \$375

### **Home School Tennis, Ages 5-18**

For home schooled kids, this will also satisfy your P.E. Requirement. No membership required.

Tuesday 1:30 - 2:30 p.m. 10 weeks - \$119

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**ADULT PROGRAM Monday, January 9, 2023 - Sunday, March 19, 2023**

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We use the NTRP (National Tennis Rating Program) system to place players in the proper teams and groups. If you don't know your rating, call us and we will set up a time for you to come in and get a rating at no charge. **Private lessons can be scheduled at your convenience.**

## **Workout Clinic - Men and Women 3.0 & Above**

Non-stop movement! We will feed you balls until you cannot run anymore! A great aerobic workout in the morning and a lot more fun than going out for a jog. Come out and try it!

Saturday 8:00 - 9:30 a.m. 10 weeks - \$285

## **Ladies Clinics**

Techniques and grip work, rallying consistently, singles and doubles positioning and strategy. Placing your serve and ground strokes

2.5 Wed. 6:00 - 7:30 p.m. 10 weeks - \$285

2.5 Wed. 7:30 - 9:00 p.m. 10 weeks - \$285

2.5 Sat. 1:30 - 3:00 p.m. 10 weeks - \$285

## **Men's Clinics**

Stroke production and consistency work. Court positioning, technique, shot selections, volleys and put-aways. All parts of the game emphasized.

Give the club a call if you are interested in a men's clinic.

## **USA 1-2-3 Adult Beginner Clinics**

For beginning players or players getting back into the game. If you want to learn to play QUICK, this is the class for you. It's an inexpensive way to start up or refresh your basic Fundamentals of the game. Come join the fun!

Monday 6:00 - 7:00 p.m. 10 weeks - \$130

Friday 6:00 - 7:00 p.m. 10 weeks - \$130

## **League Play**

**Please remember these league times are not set in stone. If you have a different time for a league that you would like to suggest, we will do our best to get one going at that time. Please call Bud with any suggestions. Price depends on number of weeks and number of players in league. For example: If 10 players are in a Men's Doubles League and 8 players play each week the cost would be around \$120 per player for a 10 week session with balls included.**

## **Men's Doubles**

Wednesday 3.5 - 4.0 7:30 - 9:00 p.m. 10 weeks

Thursday 3.0 6:00 - 7:30 p.m. 10 weeks

## **Men's Singles**

Monday 3.0 8:00 - 9:30 p.m. 10 weeks

Tuesday 3.5 7:30 - 9:00 p.m. 10 weeks

Thursday 4.0 7:30 - 9:00 p.m. 10 weeks

## **Ladies Singles and Doubles**

Looking for a league of singles and/or doubles? Give the club a call, we will do everything possible to get one scheduled.

*Times on all leagues are subject to change according to available courts*

## **Cardio Tennis Workouts**

This high energy workout features tennis drills and other movement exercises designed to keep your heart rate up the entire time. You will hit a lot of forehands, backhands and volleys. Cardio tennis is first and foremost a great fitness activity for **all adults and skill levels.**

Monday 7:00 - 8:00 p.m. 10 weeks - \$149

Friday 11:30 - 12:30 p.m. 10 weeks - \$149

## **USTA Adult League Team Tennis**

USTA is a competitive league that plays throughout the entire year. We have men's and ladies' teams at all NTRP levels competing in matches with other Dayton area clubs. Matches include both singles and doubles play. Matches are played on weekends. We have some ladies weekday leagues as well. Let Bud know if you would like to join a team. Matches cost \$22 per player.