Schroeder Tennis Center, 1459 Harmony Drive, Tipp City, OH 45371 (937)669-5552 Session 4: Monday, March 20 – Sunday, May 28, 2017 JUNIOR PROGRAM

www.schroedertennis.com

Quick Start Beginner Clinics

Listed below are introductory classes for juniors which **do not require a membership** to the club. We have incorporated the USTA QuickStart teaching program into all of our beginning junior classes. This program uses different balls and different sized courts and rackets for each age group. This allows children to achieve success quickly and start playing tennis at a younger age. Any **new** player interested in the QuickStart program may attend one time free of charge to see if they like the class and want to continue.

QuickStart for Pee Wees, Age 4-5

1st time players can try a 5 week session for ½ price.

| Monday | 5:15 - 6:00 p.m. | 10 wks \$109 |
|----------|-------------------|--------------|
| Saturday | 9:45 - 10:30 a.m. | 10 wks \$109 |

QuickStart for Tennis Tigers, Age 6-7

| Monday | 5:00 – 6:00 p.m. | 10 wks \$139 |
|----------|--------------------|--------------|
| Saturday | 10:30 – 11:30 a.m. | 10 wks \$139 |

QuickStart for Future Champs, Age 8-10

| Monday | 6:00 – 7:00 p.m. | 10 wks \$149 |
|----------|-------------------|----------------|
| Friday | 4:30 – 5:30 p.m. | 10 wks - \$149 |
| Saturday | 12:30 – 1:30 p.m. | 10 wks –\$149 |

Jr. Rec Group, Age 11-15

| This starter cla | ss is a fun way for older kids to lea | irn tennis. |
|------------------|---------------------------------------|-------------|
| Monday | 4:00 – 5:00 p.m. | 10 wks\$165 |
| Wednesday | 5:00 – 6:00 p.m. | 10 wks\$165 |

Junior Match Play (membership required)

Match play for juniors is a critical component in the development of the skills they are learning in their clinics. These weekly singles and doubles match play opportunities for advancing juniors are the perfect addition to the developing junior's weekly clinic and will help develop both the mental and physical aspects of the game.

Junior Singles Leagues

Organized match play with one of our pros working on match play strategy.

| Sunday (Gold Star) | 4:00 – 5:00 p.m. | 10 wks \$99 |
|--------------------|------------------|--------------|
| Sunday (Level 1) | 5:00 – 6:00 p.m. | 10 wks \$165 |
| Sunday (Level 2) | 6:00 – 7:30 p.m. | 10 wks \$239 |
| Sunday (Level 3) | 7:30 – 9:00 p.m. | 10 wks\$239 |

Junior Clinics (membership required)

These juniors have graduated from the beginner classes and are ready for more advanced instruction. Parents should feel free to discuss their junior's tennis development with our pros who will advise them on class progression. (Jr. Membership is required for classes - \$79/yr.)

Gold Star Select Program, Age 8-11

This class is for younger advancing players who are serious about improving their game and getting into tournament play.

| Wednesday | 5:00 6:00 p.m. | 10 wks \$175 |
|-----------|------------------|--------------|
| Friday | 5:30 – 7:00 p.m. | 10 wks \$255 |

Junior Intermediate Group

This class is for players who have graduated from Gold Star and are ready for green dot balls.

| Tuesday | 4:30 - 6:00 p.m. | 10 wks \$265 |
|----------|-------------------|--------------|
| Saturday | 11:30 – 1:00 p.m. | 10 wks \$265 |

Junior Advanced Group

These players have progressed past the beginner clinics and are ready to begin learning strategies for match play and advancing their basic skills.

| Wednesday | 4:30 – 6:00 p.m. | 10 wks\$265 |
|-----------|-------------------|---------------|
| Friday | 5:30 – 7:00 p.m. | 10 wks -\$265 |
| Saturday | 9:30 – 11:00 a.m. | 10 wks -\$265 |

Special Advanced Group

Basic skills are fine tuned. Advanced strokes and techniques are taught in this class with an emphasis on mental toughness.

| Monday | 6:00 7:30 p.m. | 10 wks - \$275 |
|----------|------------------|----------------|
| Friday | 4:00 – 5:30 p.m. | 10 wks - \$275 |
| Saturday | 11:00 12:30 p.m. | 10 wks - \$275 |

Elite Players Groups

This group consists of the area's top juniors. The emotional, physical and mental aspects of the game are stressed. These players are headed for college tennis.

Elite Players Group

| Monday | 4:00 – 5:30 p.m. | 10 wks - \$275 |
|----------|------------------|----------------|
| Thursday | 4:00 – 5:30 p.m | 10 wks -\$275 |

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We use the NTRP (National Tennis Rating Program) system to place players on the proper teams & groups. If you don't know your rating, call us to set up a time convenient for you and a pro to hit. The pro will discuss a rating right for you at no charge. Private lessons are also available, give the club a call to set up a time with a pro.

Workout Clinic – Men & Women 3.5 & Above

Non-stop movement! We will feed you balls until you cannot run anymore! A great aerobic workout in the morning and a lot more fun than going out for a jog. Come out and try it!

Saturday 8:00 – 9:30 a.m. 10 wks. - \$249

Ladies 2.5 Clinics

This clinic works to improve technique. Grip work, rallying consistently and positioning strategy. This clinic also works with serve placement and strokes.

| Monday | 10:30 – 11:30 a.m. | 10 wks \$175 |
|------------|--------------------|--------------|
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Ladies 3.0 - 3.5 Clinics

Stroke production and consistency work. Court positioning, technique and shot selection.

| Monday | 6:007:30 p.m. | 10 wks \$255 |
|--------|---------------|--------------|
|--------|---------------|--------------|

Men's Clinic

Stroke production and consistency work. Court positioning, technique, shot selection, volleys and put-aways. All parts of the game emphasized.

Thursday 3.0 - 3.5 7:30 – 9:00 p.m. 10 wks. - \$255

USA 1-2-3 Adult Beginner Clinics

For beginning players or players getting back into the game. If you want to learn to play QUICK...this class is for you. It's an inexpensive way to start or refresh your basic fundamentals of the game. Come join the fun! If you are a new player, try one class at no charge to see what you think.

| Monday | 6:00 – 7:00 p.m. | 10 wks\$120 |
|----------|--------------------|--------------|
| Tuesday | 10:30 – 11:30 a.m. | 10 wks \$120 |
| Friday | 6:00 – 7:00 p.m. | 10 wks\$120 |
| Saturday | 10:00 – 11:00 a.m. | 10 wks \$120 |

League Play

Please remember these league times are not set in stone. If you have a different time for a league that you would like to suggest, we will do our best to get one going at that time. Please call Bud with any suggestions. Price depends on number of weeks and number of players in league.

Men's Doubles

| Monday 3.5 | 7:30—9:00 p.m. | 10 wks |
|-------------|------------------|--------|
| Tuesday 3.0 | 7:30 – 9:00 p.m. | 10 wks |

Men's Singles

| Monday | 3.0 | 8:00—9:30 p.m. | 10 wks |
|----------|-----|----------------|--------|
| Tuesday | 3.5 | 8:00—9:30 p.m. | 10 wks |
| Thursday | 4.0 | 7:30—9:00 p.m. | 10 wks |

Ladies Singles & Doubles

Looking for a league of singles and/or doubles? Give the club a call, we will do everything possible to get one scheduled.

Times on all leagues are subject to change according to available courts.

Cardio Tennis Workouts

This high energy workout features tennis drills and other movement exercises designed to keep your heart rate up the entire time. These workouts will give players of all abilities a high energy full-body workout. The clinic incorporates a warm-up, cardio and cool-down drills with the added bonus of improving your tennis skills at the same time. Cardio tennis is first and foremost a great fitness activity for **age 16 to adult, 2.5 level and above**.

| Monday | 7:00–8:00 p.m. | 10 wks \$135 |
|--------|--------------------|--------------|
| Friday | 11:30 – 12:30 p.m. | 10 wks \$135 |

GMVTA and USTA Adult League Tennis

We have men's and ladies' teams at all NTRP levels competing in matches with the other Dayton area clubs. Matches include both singles and doubles play. GMVTA is a fall league that plays September through January. Matches are played on weekends and we have ladies weekday leagues. Talk to one of our pros if you are interested in playing on a team.