

**Schroeder Tennis Center, 1459 Harmony Drive, Tipp City, OH 45371 (937)669-5552**

**Session 1: Monday, August 22 – Sunday, October 30, 2016**

## **JUNIOR PROGRAM**

[www.schroedertennis.com](http://www.schroedertennis.com)

### **Quick Start Beginner Clinics**

Listed below are introductory classes for juniors which **do not require a membership** to the club. We have incorporated the USTA QuickStart teaching program into all of our beginning junior classes. This program uses different balls and different sized courts and rackets for each age group. This allows children to achieve success quickly and start playing tennis at a younger age. Any **new** player interested in the Quick Start program may attend one time free of charge to see if they like the class and want to continue.

#### **QuickStart for Pee Wees, Age 4-5**

**1<sup>st</sup> time players can try a 5 week session for ½ price.**

Monday	5:15 - 6:00 p.m.	9 wks. - \$89
Saturday	9:45 - 10:30 a.m.	10 wks. - \$99

#### **QuickStart for Tennis Tigers, Age 6-7**

Monday	5:00 – 6:00 p.m.	9 wks. - \$119
Saturday	10:30 – 11:30 a.m.	10 wks. - \$129

#### **QuickStart for Future Champs, Age 8-10**

Monday	6:00 – 7:00 p.m.	9 wks. - \$129
Friday	4:30 – 5:30 p.m.	10 wks - \$139
Saturday	12:30 – 1:30 p.m.	10 wks - \$139

#### **Jr. Rec Group, Age 11-15**

This starter class is a fun way for older kids to learn tennis.

Monday	4:00 – 5:00 p.m.	9 wks. - \$139
Wednesday	5:00 – 6:00 p.m.	10 wks. - \$155

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### **Junior Match Play (membership required)**

Match play for juniors is a critical component in the development of the skills they are learning in their clinics. These weekly singles and doubles match play opportunities for advancing juniors are the perfect addition to the developing junior's weekly clinic and will help develop both the mental and physical aspects of the game.

#### **Junior Singles Leagues**

Organized match play with one of our pros working on match play strategy.

Sunday (Level 1)	5:00 – 6:00 p.m.	10 wks. - \$155
Sunday (Level 2)	6:00 – 7:30 p.m.	10 wks. - \$229
Sunday (Level 3)	7:30 – 9:00 p.m.	10 wks. - \$219

### **Junior Clinics (membership required)**

These juniors have graduated from the beginner classes and are ready for more advanced instruction. Parents should feel free to discuss their junior's tennis development with our pros who will advise them on class progression. (Jr. Membership is required for classes - \$79/yr.)

#### **Gold Star Select Program, Age 8-11**

This class is for younger advancing players who are serious about improving their game and getting into tournament play.

Wednesday	5:00 -- 6:00 p.m.	10 wks. - \$165
Friday	5:30 – 7:00 p.m.	10 wks. - \$245

#### **Junior Intermediate Group**

This class is for players who have graduated from Gold Star and are ready for green dot balls.

Monday	4:30 - 6:00 p.m.	9 wks. - \$229
Saturday	11:30 – 1:00 p.m.	10 wks. - \$255

#### **Junior Advanced Group**

These players have progressed past the beginner clinics and are ready to begin learning strategies for match play and advancing their basic skills.

Wednesday	4:30 – 6:00 p.m.	10 wks. - \$255
Friday	5:30 – 7:00 p.m.	10 wks. - \$255
Saturday	9:30 – 11:00 a.m.	10 wks - \$255

#### **Special Advanced Group**

Basic skills are fine tuned. Advanced strokes and techniques are taught in this class with an emphasis on mental toughness.

Monday	6:00–7:30 p.m.	9 wks. - \$239
Friday	4:00 – 5:30 p.m.	10 wks - \$265
Saturday	11:00-12:30 p.m.	10 wks - \$265

#### **Elite Players Groups**

This group consists of the area's top juniors. The emotional, physical and mental aspects of the game are stressed. These players are headed for college tennis.

##### **Tier 1 Elite Players Group**

Tuesday	4:00 – 6:00 p.m.	10 wks. - \$340	*Both days
Thursday	4:00 – 6:00 p.m.	10 wks. - \$340	\$650

##### **Tier 2 Elite Players Group**

Monday	4:00 – 6:00 p.m.	9 wks. - \$305	*Both days
Wednesday	4:00 – 6:00 p.m.	10 wks. - \$340	\$615

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## **ADULT PROGRAM**

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We use the NTRP (National Tennis Rating Program) system to place players on the proper teams & groups. If you don't know your rating, call us to set up a time convenient for you and a pro to hit. The pro will discuss a rating right for you at no charge. Private lessons are also available, give the club a call to set up a time with a pro.

### **Workout Clinic – Men & Women 3.5 & Above**

Non-stop movement! We will feed you balls until you cannot run anymore! A great aerobic workout in the morning and a lot more fun than going out for a jog. Come out and try it!

Saturday 8:00 – 9:30 a.m. 10 wks. - \$239

### **Ladies 2.5 Clinics**

This clinic works to improve technique. Grip work, rallying consistently and positioning strategy. This clinic also works with serve placement and strokes. ***If this sounds like something you'd like to do, please call the club, we will try and put something together.***

### **Ladies 3.0 - 3.5 Clinics**

Stroke production and consistency work. Court positioning, technique and shot selection.

Monday 6:00--7:30 p.m. 9 wks. - \$199

### **Men's Clinic**

Stroke production and consistency work. Court positioning, technique, shot selection, volleys and put-aways. All parts of the game emphasized.

Thursday 3.0 - 3.5 7:30 – 9:00 p.m. 10 wks. - \$245

### **USA 1-2-3 Adult Beginner Clinics**

For beginning players or players getting back into the game. If you want to learn to play QUICK...this class is for you. It's an inexpensive way to start or refresh your basic fundamentals of the game. Come join the fun! If you are a new player, try one class at no charge to see what you think.

Monday 6:00 – 7:00 p.m. 9 wks. - \$99

Tuesday 10:30 – 11:30 a.m. 10 wks. - \$109

Friday 6:00 – 7:00 p.m. 10 wks. - \$109

## **League Play**

***Please remember these league times are not set in stone. If you have a different time for a league that you would like to suggest, we will do our best to get one going at that time. Please call Bud with any suggestions. Price depends on number of weeks and number of players in league.***

### **Men's Doubles**

Tuesday 3.0 7:30—9:00 p.m. 10 wks

Wednesday 3.5-4.0 7:30 – 9:00 p.m. 10 wks

### **Men's Singles**

Monday 3.0 8:00—9:30 p.m. 9 wks

Tuesday 3.5 8:00—9:30 p.m. 10 wks

Thursday 4.0 7:30—9:00 p.m. 10 wks

### **Ladies Singles & Doubles**

Looking for a league of singles and/or doubles? Give the club a call, we will do everything possible to get one scheduled.

*Times on all leagues are subject to change according to available courts.*

## **Cardio Tennis Workouts**

This high energy workout features tennis drills and other movement exercises designed to keep your heart rate up the entire time. These workouts will give players of all abilities a high energy full-body workout. The clinic incorporates a warm-up, cardio and cool-down drills with the added bonus of improving your tennis skills at the same time. Cardio tennis is first and foremost a great fitness activity for **age 16 to adult, 2.5 level and above.**

Monday 7:00 – 8:00 p.m. 9 wks. - \$112

Friday 11:30 – 12:30 p.m. 10 wks. - \$125

## **GMVTA and USTA Adult League Tennis**

We have men's and ladies' teams at all NTRP levels competing in matches with the other Dayton area clubs. Matches include both singles and doubles play. GMVTA is a fall league that plays September through January. Matches are played on weekends and we have ladies weekday leagues. Talk to one of our pros if you are interested in playing on a team.